

## Self Determination and AT Goal Setting Worksheet

Skill Demonstration:	Never	With Help	Independent	N/A
<b>PROBLEM SOLVING SKILLS</b> <b>Student is able to:</b>				
Differentiate wants and needs				
Understand own strengths and weaknesses				
Make choices				
Consider multiple options				
Consider consequences of choices				
Identify and contact resources such as social services, and therapists				
Understand legal rights and how and when to obtain those rights				
Persevere when others don't follow through				
<b>COMMUNICATION SKILLS</b> <b>Student is able to:</b>				
Initiate communication about a topic				
Request clarification and information				
Ask for assistance				
Communicate clear messages				
Explain the disability, and needed accommodations				
Check for listener's understanding				
Successfully repair communication breakdown				
Access and use phone				
Access and use written communication				
Access and use internet				
Lead a discussion about goals				
<b>GOAL SETTING SKILLS</b> <b>Student is able to:</b>				
Set realistic personal goals in general				
Set realistic goals for use of AT				
Follow through on goals when set				
Monitor progress toward goal(s)				
Evaluate progress toward goal(s)				

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Skill Demonstration:	Never	With Help	Independent	N/A
<b>AT DEVICE SPECIFIC SKILLS</b>				
<b>Student is able to:</b>				
Set up the AT hardware or software				
Tell another how to set up the AT				
Identify environmental accommodations needed to use the device				
Turn on / off options as needed				
Program the device and back up, if needed				
Request new features, set ups, options, messages, etc.				
Determine when usage of AT is not appropriate or needed				
Determine when different AT may be needed				
Obtain supplies needed for AT device (batteries, tapes, etc.)				
Utilize low tech/ no tech back up for AT				
<b>AT MANAGEMENT SKILLS</b>				
<b>Student is able to:</b>				
Recognize when AT is malfunctioning				
Trouble shoot simple problems				
Identify sources of technical assistance/ repair				
Contact sources of technical assistance/ repair				
Ship/take AT to source of repair				
Identify sources of funding for repair				
Apply for/request funding assistance				
Request/obtain back up for AT during repair				
Access and use emergency backup plan when device is not available				